

# BOLTON SOUTH with FARNWORTH DISTRICT SCOUTS 18<sup>th</sup> ANNUAL PIKE HIKE WEEKEND 2019

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### **INFORMATION**

# Please ensure that ALL TEAM MEMBERS read this information and understand the rules governing the event.

It should be appreciated that this hike passes through potentially hazardous country and also some of the most beautiful in the West Pennine Moors and should be undertaken only by those who are physically and mentally prepared.

Any walker who has had any acute illness e.g., tonsillitis, influenza, chest infection, etc. in the four weeks prior to the event, should consult his/her doctor before competing.

#### STARTING ARRANGEMENTS

Teams for the Pip Hartley Memorial Hike will be given their team numbers and time to report for the kit inspection on Saturday morning sent to them via post or email, on the week commencing 15th April 2019. Teams for the Pike View Hike and the Bibby's Farm Yomp will be given their team numbers and kit inspection times when they book in on the Friday night. The walk itself is expected to take between 6 and 8 hours to complete; the overall event time may be up to 10 hours. Typical distances for the events are as follows:

Pip Hartley Memorial Hike
 Pike View Hike
 Bibby's Farm Yomp
 20km

#### The Explorer (BFY) route will be physically challenging!

Routes will be presented in the standard Scout Association "Route Card" format (Fact sheet FS120409), therefore please ensure the competitors are able to plot a route, unassisted, using this format. The organisers reserve the right to pull any team from the competition who are unable to plot or navigate adequately; see also rule 22.

## **RULES FOR APRIL 2019**

- 1. <u>The Pip Hartley Memorial Walk</u> is open to teams of 4 whose combined age does not exceed 39 years. The oldest competitor is to be not more than 10 years 364 days of age and the youngest is to be not less than 8 years of age on the 31st March 2019. A DBS-checked adult must be supplied to walk with each team.
- 2. <u>The Pike View Hike</u> is open to teams of 4 whose combined age does not exceed 52 years. The oldest competitor is to be not more than 14 years 6 months of age and the youngest is to be not less than 10 years of age on the 31st March 2019.
- 3. The Bibby's Farm Yomp is open to teams of 4 whose combined age does not exceed 64 years. The oldest competitor is to be not more than 17 years 364 days of age and the youngest is to be not less than 14 years of age on the 31st March 2019.

N.B. Rules 1 and 2 allow an overlap of 1 year between the Pip Hartley Memorial and Pike View Hike events. Rules 2 and 3 allow an overlap of 6 months between the Pike View Hike and Bibby's Farm Yomp events.

#### PIKE VIEW HIKE - RULES FOR APRIL 2019

- 4. The Home District Commissioner or Group Scout Leader must sign the section of the team sheet concerning:
  - a) Capability of team members including a countersignature from each competitor's parent or guardian.
  - b) Pip Hartley Memorial Walk only: The capability (including DBS credentials) of the appointed adult walker.
- 5. All Pike View Hike and Bibby's Farm Yomp teams must camp at Bibby's Farm campsite on the Friday and Saturday evenings of the event. All Pip Hartley Memorial teams must camp at Bibby's Farm campsite on Saturday evening, and may optionally choose to camp on Friday evening. Whilst camping, all groups must be accompanied by at least one Leader with an Adult Appointment card who holds a current Campsite or Greenfield "Nights Away" permit.
- 6. Every team must book in on arrival at the Camp Site with Hike Control and the Campsite Warden. They must pass to Hike Control:
  - a) Contact details of their appointed InTouch contact.
  - b) Contact details of the on-site Camp Leader
  - c) Composition of Team form; including details of any medical conditions the organising committee should be aware of, and at least one mobile phone number (charged & in credit) which can be used by the organisers to directly contact the team during the event.
  - d) Details of the numbers camping on both Friday and Saturday nights (to be provided by each group leader)
- 7. **Each participant** must wear or carry, as desired, the following at all times during the hike:
  - a) Warm head wear and/or sun hat.
  - b) Sun cream.
  - c) A warm long-sleeved walking top.
  - d) Warm gloves or mittens.
  - e) Waterproof over garment (not a cape/poncho).
  - f) Waterproof over-trousers or waterproof walking trousers.
  - g) Warm shirt or thermal mid layer.
  - h) Long trousers, i.e. walking trousers / activity pants. (No Jeans, jogging bottoms, etc.)
  - i) <u>Pike View Hike & Bibby's Farm Yomp only:</u> shorts may optionally be carried or worn, on the proviso that long trousers are carried.
- 8. **Each participant** must wear the following at all times during the hike:
  - a) Group Neckerchief
  - b) Vest or T-Shirt.
  - c) Underwear.
  - d) Walking socks, not nylon/sports socks.
  - e) Strong walking boots, not fell-running boots, shoes or plimsolls/trainers.

Uniforms should not be worn during the walking event.

- 9. **Each participant** must carry the following during the hike:
  - a) Daysack/rucksack, with waterproof liner.
  - b) Packed lunch.
  - c) Flask containing hot drink (and a detachable mug for a drink at checkpoints)
  - d) Emergency food pack. Minimum essentials glucose, nuts, raisins, sweets or chocolate kept in a waterproof bag, sufficient for 8-10 hours.
  - e) First-Aid kit containing a good supply of plasters for cuts and blisters, and a triangular bandage kept in a waterproof bag.
  - f) Whistle.
  - g) Torch with spare batteries and spare bulb, or 2 torches.
  - h) A working watch (n.b. not a mobile phone clock)
  - i) Writing pad (this may help with the ongoing incident!)
  - j) 2 pencils and an eraser.
  - k) A table tennis bat

#### PIKE VIEW HIKE - RULES FOR APRIL 2019

- 10. Each team must carry a set of equipment in addition to personal equipment, containing a minimum of:
  - a) **UNMARKED** OS Map 'Explorer 287 West Pennine Moors', year 2006 or later edition, 2 per team. Photocopies/printouts etc. are not acceptable. Waterproof (laminated) maps will only be acceptable if teams provide themselves with a permanent marker dry-wipe markings will not survive the day.
  - b) Two baseplate-style compasses
  - c) Two survival bags, size 2'6" x 6'. E.g. 500 gauge polythene or Goretex.
  - d) Sleeping Bag 1 per team (This item is not required for Pip Hartley Memorial Walk teams).
  - e) Two waterproof map cases.
  - f) A table tennis (ping pong) ball
- 11. TEAMS WILL NOT BE ALLOWED TO START <u>OR CONTINUE</u> THE HIKE UNLESS THE EQUIPMENT LISTED IN RULES 7, 8, 9 AND 10 CAN BE PRODUCED AT THE START AND AT SPOT CHECKS CARRIED OUT BY MARSHALS, CHECKPOINT STAFF OR THE SWEEP TEAM EN-ROUTE.

FOR PIP HARTLEY MEMORIAL TEAMS, THE APPOINTED ADULT WALKER WILL ALSO BE SUBJECT TO A KIT CHECK.

- 12. Teams must adhere strictly to the kit inspection times allocated.
- 13. THE LOCAL MOUNTAIN RESCUE TEAM INSPECTS ALL TEAMS FOR KIT REQUIREMENTS. UNLESS THE INSPECTORS PASS THE TEAM, THEY WILL NOT BE ALLOWED TO START.
- 14. In the event of a competitor retiring, he/she must REPORT TO THE FINISH AND SIGN BACK IN AT HIKE CONTROL PERSONALLY, even if transported there by a marshal.
- 15. THE HIKE IS NOT AGAINST THE CLOCK. However, cut-off times are in place for the safety of competitors and teams will be expected to reach checkpoints by a given time. Ample time will be given to reach each checkpoint.
- 16. Winners will be decided by a system of points awarded for challenges attempted during the hike, navigation and general discipline (starting on time, equipment, completing the course and signing in at checkpoints). These points will be collated at the end and the team with the highest number of points will be the winner. **The Judge's decisions are final.**
- 17. Teams consist of 4 young people (and 1 additional adult, in the case of the Pip Hartley Memorial Walk). No additional persons are permitted to accompany teams in any capacity without the prior approval of the organising committee; scenarios include, but are not limited to, parents/other leaders/young people etc., walking either with, ahead or behind a team to which they are affiliated. At the discretion of the organising committee, any teams found to be accompanied in this manner will be disqualified.
- 18. Walking groups must keep together AT ALL TIMES as a group, and when on the road keep to the right and in single file. At the discretion of the checkpoint staff and the Hike Controllers, any group disregarding this rule will be disqualified.
- 19. Competitors may retire at any point on the route, but it is obviously desirable to retire at a checkpoint if possible. If a checkpoint can't be reached then a message must be sent to the nearest checkpoint or to Hike Control. The remaining members must ensure that they retain all emergency equipment within their team before they will be allowed to continue. In the event of the designated Team Leader retiring, a new Team Leader must be nominated.
- 20. In the case of any team-member retiring en-route, the remaining members of the team must wait at the nearest checkpoint until they can make up a walking group of NOT LESS THAN 4 OR MORE THAN 7 MEMBERS. They will then be allowed to proceed. Upon arrival at all subsequent checkpoints, the combined walking groups will be scored as separate teams.
- 21. Teams of three will be allowed to walk from the last checkpoint.
- 22. **THE ORGANISERS HAVE THE RIGHT TO RETIRE ANY TEAM AT ANY POINT DURING THE HIKE.** IN THE EVENT OF WET -WEATHER, ANY TEAM MEMBER FOUND NOT WEARING WATERPROOFS MAY CAUSE THEIR TEAM TO BE DISQUALIFIED.

#### PIKE VIEW HIKE - RULES FOR APRIL 2019

- 23. The use of anything other than moral support (lifts, leader's help etc.) WILL MEAN DISQUALIFICATION FOR THE TEAM CONCERNED.
- 24. The use of any radio communication/radio navigation devices, such as:
  - a) Mobile phones,
  - b) Personal Mobile Radios,
  - c) Global Positioning System (GPS) devices
  - d) (this list is not exhaustive)

for anything other than communicating to Hike Control the details of the nature and location of a medical emergency OR for the purposes of requesting assistance from Hike Control via the supplied emergency card, WILL MEAN DISQUALIFICATION FOR THE TEAM CONCERNED.

- 25. The Appointed Team and Adult Leaders are required to attend the appropriate Safety Briefing; points may be deducted for none attendance. Briefings for the Pike View Hike and Bibby's Farm Yomp are briefed on Friday Night; Pip Hartley Memorial participates are briefed separately on Saturday morning.
- 26. In the event of an outbreak of Foot and Mouth disease or any animal disease in the area, the event will be cancelled. If the area has been declared free from infection, it may be necessary to ban competitors travelling from any other district in which the disease is prevalent. Other occurrences which are beyond the reasonable control of the organisers may cause the event to be cancelled, e.g. widespread access restrictions, moorland fires, flooding. If the event is cancelled for any reason, the organisers cannot accept liability for any expense incurred.
- 27. Acceptance of all the applications will be at the discretion of the organising committee. On signing the entry form all competitors accept these rules and conditions governing the event. The organising committee's decision will be final in any dispute.
- 28. The organisers retain the right to modify the rules at any stage prior to the event on the grounds of safety. Teams will be informed of any modifications to these rules.
- 29. The organisers reserve the right to take photographs of competitors during the event for publicity purposes.
- 30. The organisers accept no responsibility whatsoever for any injury, or loss of life incurred during the weekend event.